VISIT BEIJING

Embark on a Traditional Chinese Medicine Discovery Journey NOW
北京同仁堂

创建于一六六九年
Traditional Chinese Medicine (TCM) regimen has long been the shiniest pearl of the Chinese culture with more than 5,000 years of intelligent development. TCM serves as the exclusive profound pathway to a life of balance, wellness and harmony with natural therapies like acupuncture, massage and cupping.

Beijing, as the capital city, leads the country in TCM diagnosis and treatments. With the richest collection of TCM resources and services, the city has a lot more for everyone to discover.
TCM Tourism

THE BEST:

TCM AUTHORITIES
Beijing Research Center of International TCM Tourism | Beijing Pistis International TCM Service

TCM TREATMENTS
Acupuncture | Moxibustion | Massage | Cupping | Foot Reflexology | Scraping

TCM TRAVEL AGENCIES
Chinese International Travel Service Co., LTD. | China Travel Service LTD. | China CYTS Tours Holding Co., LTD. | Beijing Caissa International Travel Service Co., LTD | China Comfort Travel Agency | Ctrip.com International, LTD

TCM TRAVEL ROUTES
1 to 6-day personalized tours

- 16 Authorised TCM Tourism Committees
- 31 TCM Tourism Services
- 35 TCM Travel Destinations

For more details, check our information as follow.
Meet the world’s best and most experienced TCM experts in Beijing. Join us to learn more on TCM philosophy, healing system and treatments.
An ancient yet mysterious Chinese therapy to treat health problems. To prevent and cure sickness by keeping the meridian channels open and regulating Qi and blood, balancing yin and yang, and coordinating organ functions.

Therapy making use of dried plant material called moxa to cauterize and press acupoints. To prevent disease by running the heat and herbal medicine through the meridians.

Masseurs using hands to push, grab, press, knead, rub, pinch, point, and pat specific parts of human body. To alleviate pain by promoting blood circulation and opening up meridians.
6 MAJOR TCM Treatments

CUPPING
China medical heritage dispelling cold and dampness, and relieving swelling and pain by the placement of heated cup over targeted skin area.

FOOT REFLEXOLOGY
Foot massage invigorates and strengthens the body, preventing premature aging and contributing to health and longevity.

SCRAPING
Natural therapy scrapping the skin with instruments such as ox horn, jade, and fire cupping to facilitate blood circulation, boost metabolism and eliminate toxins.
TCM Cultural Centers

In Beijing

Discover the history of Chinese medical practice and appreciate Chinese landscape art at the TCM museums, gardens and farms.
### Beijing Yushengtang TCM Museum

Encyclopedia of TCM in the world with more than 400 years of history. The museum houses statues of medical sages in various dynasties, TCM utensils and ancient herbal medicine species.

**Address**
Imperial Apartment 2-3 5, #1 Wang Fu Street, Bei Qi Jia n, Changping District, Beijing

**Transportation**
Take Bus No. 537, 643, 3, 426,430 and get off at Pingxifu Stop or take Line 5 and get off at Tiantongyuan North Station, and walk 300m to the west.

**Tel**
+86-10-57265599

**Website**
http://www.yushengtang.com

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### Tibetan Medicine Culture Center of Beijing Tibet Hospital, China Tibetology Research Center

Provision of Tibetan treatment to cardiovascular and cerebrovascular, digestive, hepatobiliary and rheumatic diseases.

**Address**
No. 218, An Wai Xiao Guan Bei Li, Chaoyang District, Beijing

**Transportation**
Take Line 5 or 10 to Huixinjie Nankou Station and walk out the station at Exit A, walk 150m to the north and turn west at the traffic light.

**Tel**
+86-10-64972929

**Website**
http://www.tibet-hospital.org/

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### Museum of Chinese Medicine at Beijing University of Chinese Medicine

Rich collection of over 1,000 TCM relics and rare medical books under 200 titles and about 5,000 TCM specimens of more than 2,800 species at the General Exhibition and the Window of Medicinal Animals Hall.

**Address**
No. 11, Bei San Huan Dong Road, Chaoyang District, Beijing

**Transportation**
Take Line 5 to Hepingxiqiao Station or Line 13 to Guangximen Station

**Tel**
+86-10-64286672

**Website**
http://www.bowuguan.bucm.edu.cn

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### Chinese Medical History Museum at China Academy of Chinese Medical Sciences

World’s top Traditional Chinese Medicine museum housing 3,000 and more priceless TCM relics.

**Address**
10/F, China Academy of Chinese Medical Sciences Building, No. 16 Dongzhimen South Street, Dongcheng District

**Transportation**
Take Line 2 to Dongzhimen Station

**Tel**
+86-10-64014411

**Website**
http://www.catcm.ac.cn/

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### Beijing Medicinal Plants Garden

Home to more than 2,000 different kinds of TCM species in 20 hectares.

**Address**
No. 151, Malianwa North Road, Haidian District, Beijing

**Transportation**
Take Line 16 to Malianwa Station

**Tel**
+86-10-57833195/57833190

**Website**
http://www.implad.ac.cn/cn/index.asp

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### Temple of Earth TCM Wellness Garden

1st TCM health culture theme park in China, combining health cultivation methods in culture, environment, sorts, time and internal viscera with fine landscaping.

**Address**
East of the Temple of Earth, Andingmenwai Street, Dongcheng District

**Transportation**
Take Line 2 or 5 to Lama Temple Station

**Tel**
+86-10-64214657

**Website**
http://www.dtpark.com/
TCM Experiences

In Beijing

TCM healthcare services, outdoor TCM experiences and TCM restaurant all-in-one.

Address
Xishankou, Ming Tombs Town, Changping District, Beijing

Transportation
Take Subway Changping Line to Changping Xishankou Station and walk out the station at Exit B, walk 300m to the north and turn right.

Tel
+86-10-56034592

Website
http://www.tianyanggu.cn/
<table>
<thead>
<tr>
<th><strong>Beijing Caogentang Farm</strong></th>
<th><strong>Beijing Aihuitang Moxibustion Center</strong></th>
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</thead>
<tbody>
<tr>
<td>TCM farm offering kids-friendly experiences in TCM sciences, agriculture and outdoor exploration.</td>
<td>Provision of authentic TCM natural treatments such as moxa-wool moxibustion, acupuncture, massage, osteopathy, cupping, herb paste, qigong.</td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td>B1-110-B Capital Construction Finance Center, No. 140, Xizhimen Outer Street, Xicheng District, Beijing</td>
</tr>
<tr>
<td><strong>Transportation</strong></td>
<td>Take Line 4 to Zoo Station and walk out the station at Exit B then walk 200m to the west.</td>
</tr>
<tr>
<td><strong>Tel</strong></td>
<td>+86-10-88029690</td>
</tr>
<tr>
<td><strong>Website</strong></td>
<td><a href="http://aihuitang.com.cn/">http://aihuitang.com.cn/</a></td>
</tr>
<tr>
<td>Xiyuanzi Daci Duo Village, Shilou Town, Fangshan District, Beijing</td>
<td></td>
</tr>
<tr>
<td>+86-10-61367138</td>
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</table>
In Beijing

Get the professional TCM healthcare advices and feel the magic of TCM therapies at the city’s time-honored clinics!

**Beijing Tongrentang Hospital of Traditional Chinese Medicine**

Provision of TCM treatments, including acupuncture and massage.

**Address**
No. 46 Damochang Street, Chongwen District, Beijing

**Transportation**
Take Line 2 or 5 to Chongwenmen Station or take Bus 110 to Qinianjia Beikou (North Entrance of Qinian Street) Stop.

**Tel**
+86-10-67019022

**Website**
http://www.tongrentangzyyy.com/
Providing professional healthcare services by nationally renowned TCM experts, all-year round herbal tea and 24 solar terms healthcare tips.

Address
No. 13 Doufuchi Hutong, Dongcheng District, Beijing

Transportation
Take Line 2 to Guluodajie Station and walk 800m.

Tel
+86-10-52273516

Website
http://www.bjagby.com/ch/

Consultation with renowned TCM doctors. Health management, dietary instruction, cultural sharing, international training and TCM experiences are also available.

Address
No. 279, North Dongsi Street, Dongcheng District, Beijing

Transportation
Take Line 2 to Dongsishitiao Station.

Tel
+86-10-84012662

Website
http://www.dzmyy.com.cn

Provision of city’s top healthcare services by 120 experienced and reputable TCM experts.

Address
1/F, Hanhai Garden Mansion, No. 1, Kaiyang Road, Fengtai District, Beijing

Transportation
Take Line 2 to Dongsishitiao Station

Tel
+86-10-83973609/+86-10-83973610

Website
http://www.cnbat.cn/

Specializing in authentic TCM therapies such as acupuncture, massage, rehabilitation and herbal medicines.

Address
No. 5, Beixiange, Xicheng District, Beijing

Transportation
Take Bus No. 5, 6, 38, 57, 109, 687 to Guang’anmen Station

Tel
+86-10-83123311

Website
http://www.gamhospital.ac.cn

300-year-old pharmacy sells more than 6,000 kinds of TCM medicine, herbal pieces and health products etc.

Address
No. 24 Dashilan Street, Xicheng District, Beijing

Transportation
Take Line 2 to Qianmen Station.

Tel
+86-10-63030221/+86-10-63031155

Website
http://www.tongrentang.com

Offering over 1,000 kinds of TCM experiences in modern therapies.

Address
No. 6, Fangxingyuan 1st Block, Fangxing Road, Fengtai, Beijing

Transportation
Take Line 5 to Puhuangyu Station and walk 1km to the east

Tel
+86-10-67689655

Website
http://www.dongfangyy.com.cn
Beijing Municipal Administration of TCM & Beijing Municipal Commission of Tourism Development

Beijing Research Center of International TCM Tourism
World's 1st research center of TCM tourism providing one-stop professional healthcare services.

Beijing Pistis International TCM Service
An avant-grade international and professional TCM service provider offering a wide variety of healthcare service. A full range of one-off comprehensive TCM treatments are available at the centers. English and other languages are supported. More details on page 16.

Contact 86-10-88001800
Consultation 9:00-12:00 13:00-16:00 (GMT+8)
TCM Tourism Services

Details of the 31 TCM Tourism Services provided by 16 Authorised TCM Tourism Committees are as follows:

Guang’anmen Hospital, China Academy of Chinese Medical Sciences
- Children’s nasal disorders treated with TCM sequential therapy
- Assessment and intervention of heart senescence by combination of Chinese and western medicine
- TCM treatment and rehabilitation for cancer patient
- Insomnia managed by integrated TCM therapies

Beijing Hospital of TCM of the Capital Medical University
- TCM comprehensive therapy for diabetes
- TCM treatment for psoriasis
- Acupuncture for migraine

Xiyuan Hospital, China Academy of Chinese Medical Sciences
- Prevention and treatment of stenosis after a stent is deployed in the coronary artery by TCM activating blood circulation therapy
- Anti-wrinkle or chloasma reduction by nano-chip technology
- Prevention and treatment of colorectal cancer

The GU LOU Hospital of Traditional Chinese Medicine of Beijing
- Femoral head necrosis treated by TCM

China-Japan Friendship Hospital
- Inflammatory arthroplasty managed by TCM comprehensive strengthening sequential therapy

ReLife International Medical Center
- TCM treatment for varicose vein

Beijing University of Chinese Medicine Dongzhimen Hospital
- Acupuncture treatment for headache
- TCM treatment for chronic pain

Beijing Hospital of Integrated Traditional Chinese and Western Medicine
- Combination of acupuncture and massage for treating lumbar intervertebral disc
- Three steps acupuncture for treating child cerebral palsy
- TCM treatment for infertility

Beijing Tian Tan Hospital, Capital Medical University
- Integrative diagnosis and treatment of multiple sclerosis neuromyelitis optica with TCM
- Integrative diagnosis and treatment of Glioma with TCM

Beijing Massage Hospital
- Massage for cervical and lumbar spondylosis
- Massage for chronic fatigue syndrome

Beijing Bo’ai Hospital, China Rehabilitation Research Center
- Rehabilitation treatment of lumbar herniated disc with Integrated Chinese and Western medicine
- Rehabilitation treatment of spinal cord injury with Integrated Chinese and Western medicine

Beijing Dacheng TCM Acupuncture Hospital Co. LTD
- Chronic pain treatment by Chengs Acupuncture
- Insomnia treatment by Chengs Acupuncture

Dongfang Hospital, Beijing University of Chinese Medicine
- TCM intervention on high risk group of tumor

China Tibetology Research center Beijing Tibetan Hospital international medical Department
- Chronic joint’s pain managed with Tibetan medicine
TCM Travel Routes

In Beijing

Begin your TCM journey with one of the 13 TCM travel routes. Follow the 6 leading travel agencies of Beijing, and enjoy the tour to TCM tourist attractions for the authentic TCM experience and cuisines!

*Highlighted TCM services and products of cuisine, park and museum will be featured
### 1-Day TCM Tour
**Travel Agency**
China CYTS Tours Holding Co., LTD.

**Website**
http://www.chinatraveldepot.com/website/medicaltravel/

**Contact**
Tom Liu | liuy@aoyou.com

**Morning**
Temple of Earth TCM Wellness Garden →
Beijing Medicinal Plants Garden →
Zhongwei Yuyuan Fushan Restaurant

**Afternoon**
Yushengtang TCM Museum/ the Summer Palace/ Free Time

### Day 1
- The Forbidden City →
  Beijing Pingxintang TCM Clinic

### Day 2
- The Juyongguan Great Wall →
  Commune by the Great Wall →
  Temple of Earth TCM Wellness Garden →
  Beijing Hospital of Celebrities of Herbalist Doctors

### Day 3
- The Summer Palace →
  Zhongwei Yuyuan Fushan Restaurant →
  Beijing Medicinal Plants Garden

### 3-Day TCM Tour
**Travel Agency**
Chinese International Travel Service Co., LTD.

**Website**
http://www.cits.cn

**Contact**
Zhang Donghui | zhangdh@cits.com.cn

**Day 1**
- Tian’anmen Square → The Forbidden City
  Jingshan Park → Dongzhimen Hospital →
  Shichahai → Fengshan Restaurant

**Day 2**
- Temple of Heaven → The Summer Palace →
  Zhongwei Yuyuan Fushan Restaurant →
  Beijing opera appreciation

**Day 3**
- Mutianyu Great Wall →
  Temple of Earth TCM Wellness Garden →
  Tasting TCM cuisine → Watching Kungfu show

**Day 4**
- The Lama Temple → the Imperial College →
  Dongzhimen Hospital → Tasting Beijing local snacks →
  Wangfujing Street

### 5-Day TCM Tour
**Travel Agency**
Ctrip International Co., LTD.

**Website**
http://vacations.ctrip.com/

**Contact**
Gabreil | zjchen@ctrip.com

**Day 1**
- Arrival

**Day 2**
- Tian’anmen Square → The Forbidden City →
  The Mansion of Prince Gong → Shichahai

**Day 3**
- Great Wall → Yushengtang TCM Museum →
  Olympic Park → Beijing National Stadium →
  Beijing National Aquatics Center

**Day 4**
- The Summer Palace →
  Zhongwei Yuyuan Fushan Restaurant →
  The Old Summer Palace

**Day 5**
- Temple of Heaven → Yushan Restaurant
### 5-Day TCM Tour
**Travel Agency**
TUI China Travel Co., LTD.

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td><strong>Day 1</strong></td>
<td>Qianmen → Tongrentang → Quanjude Peking Duck → Watching Beijing Opera at Liyuan Theatre</td>
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<tr>
<td><strong>Day 2</strong></td>
<td>Pingxintang TCM Clinic → Tingliguan Restaurant → The Summer Palace → Beijing Medicinal Plants Garden</td>
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<tr>
<td><strong>Day 3</strong></td>
<td>The Great Wall → The Ming Tombs → Yushengtang TCM Museum → Beijing Taishan Xianghe Villa</td>
</tr>
<tr>
<td><strong>Day 4</strong></td>
<td>Beijing Taishan Xianghe Villa → Tian'anmen Square → The Forbidden City → Jingshan → Drum Tower Hutong → Beijing Hospital of Celebrities of Herbalist</td>
</tr>
<tr>
<td><strong>Day 5</strong></td>
<td>Departure</td>
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</tbody>
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### 6-Day TCM Tour
**Travel Agency**
Chinese International Travel Service Co., LTD.

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td><strong>Day 1</strong></td>
<td>Arrival</td>
</tr>
<tr>
<td><strong>Day 2</strong></td>
<td>The Forbidden City, Jingshan Park → Beijing University of Chinese Medicine TCM Museum (Take sachet class) → Tasting Peking Duck Feast</td>
</tr>
<tr>
<td><strong>Day 3</strong></td>
<td>The Badaling Great Wall → Taishen Xianghe Villa TCM cuisine → Tibet Hospital Culture Center TCM Tour</td>
</tr>
<tr>
<td><strong>Day 4</strong></td>
<td>The Summer Palace → Tasting Yuyuan TCM feast → Taking the TCM class at Beijing Medicinal Plants Garden</td>
</tr>
<tr>
<td><strong>Day 5</strong></td>
<td>Learning Taichi at Temple of Heaven → Experiencing Authentic Chinese massage → Watching Kungfu show</td>
</tr>
<tr>
<td><strong>Day 6</strong></td>
<td>Departure</td>
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</tbody>
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### 5-Day TCM Tour
**Travel Agency**
TUI China Travel Co., LTD.

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td><strong>Day 1</strong></td>
<td>Qianmen → Tongrentang → Quanjude Peking Duck → Watching Beijing Opera at Liyuan Theatre</td>
</tr>
<tr>
<td><strong>Day 2</strong></td>
<td>The Summer Palace → Beijing Medicinal Plants Garden → Zhongwei Yuyuan Fushan Restaurant</td>
</tr>
<tr>
<td><strong>Day 3</strong></td>
<td>The Great Wall → Yushengtang TCM Museum → Beijing Taishan Xianghe Villa</td>
</tr>
<tr>
<td><strong>Day 4</strong></td>
<td>The Forbidden City → Drum Tower Hutong → Beijing Hospital of Celebrities of Herbalist</td>
</tr>
<tr>
<td><strong>Day 5</strong></td>
<td>Departure</td>
</tr>
</tbody>
</table>

### Contact Information
**Mia Wen** | mia.wen@tui.cn

**Contact Information**
**Zhang Donghui** | zhangdh@cits.com.cn

**Website**
http://www.cits.cn

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**Website**
http://goo.gl/oYTnNi

**Contact**
Mia Wen | mia.wen@tui.cn

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**Website**
http://www.cits.cn

**Contact**
Mia Wen | mia.wen@tui.cn

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**Website**
http://goo.gl/oYTnNi

**Contact**
Mia Wen | mia.wen@tui.cn
Catching the opportunity for promoting more excellent tourism products.

Stay tuned and contact us if you have any travel products and services to share!
Email: visitbeijing@bjta.gov.cn

Next Volume

Departure Tax Refund Policy and Beijing shopping Guide

Stay tuned and contact us if you have any travel products and services to share!
Email: visitbeijing@bjta.gov.cn

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@visitbeijing
@visitbeijing_12301

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http://www.visitbeijing.com.cn/

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https://www.facebook.com/BeijingChinaOfficial/

Twitter
https://twitter.com/beijingofficial

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https://www.instagram.com/visit_beijing/

Youtube
https://www.youtube.com/user/visitbeijingofficial